

Learning outcome for BSc degree in Sport Science

Upon completion of the BSc degree in Sport Science, students have achieved the learning outcomes shown below the criteria listed below

Knowledge

The learning outcomes for the BSc in Sports Science state that degree holders possess knowledge of:

- Theories, definitions, and concepts of the major subfields of sports science
- Research methods in sports science
- The fundamentals of coaching
- Motor learning and development of individuals
- Core elements of the main sporting events
- Main factors influencing health and well-being
- The foundations of coaching dissimilar groups
- Historical events, trends and direction in sport and sports science
- Ethical issues and issues in science and practice
- Reporting of research findings and scientific writing
- Other selected specialized subfields of sports science and related disciplines

Skills

The learning outcomes for the BSc in Sports Science state that degree holders can apply the methods and procedures of sports science, as follows:

- Evaluate critically information and claims proffered about coaching in its various forms
- Apply appropriate methods and analytical procedures to answer questions in sports science
- Use relevant equipment, technology, and software in order to measure the condition and performance of the individual
- Provide sound justifications for conclusions and recognise when further evidence is needed
- Conduct independent research in a wide range of fields of
- Access and retrieve information reliably
- Work collaboratively with others in the same and different disciplines
- Be receptive to new ideas and innovation in coaching and teaching
- Apply relevant codes of ethics for the science and practice of sports science

Competence

The learning outcomes for the BSc in Sports Science state that degree holders can apply their knowledge and skills in practical ways in sport science, as follows:

- Work in an independent and organized manner, set goals, and plan and implement solutions to diverse problems
- Apply the methods and procedures of sports science to answer diverse questions
- Competence to teach and coach the fundamentals in the main sporting events
- Competence to perform first-aid and life-saving in various situations
- Possess the competence to undertake advanced studies
- Participate actively and cooperatively in group tasks, and assume a leadership role
- Be able to conduct original research, from initial conception of the research idea to the presentation of research findings, and the preparing of research reports
- Interpret and present theoretical issues and empirical findings

Learning outcomes are in place for each course; however, they are currently being updated based on the categories knowledge, skills and competence. When this work is completed, it will be necessary to align them to the learning outcomes of the program. It is imperative that this work is completed as soon as possible.