

Determinants of Development

E-412-CDYA



Year	2
Semester	Spring
Type of course	Core
Prerequisites	E-214-DEPS
Schedule	3 weeks intensive course
Lecturer	Inga Dóra Sigfúsdóttir
Content	
<p>The objective of the course is to give students an in-depth overview of childhood and adolescent developmental issues. The solid understanding of concepts and theories, acquired through the introductory course on developmental psychology, will be developed and applied. The course will furthermore focus on children and adolescents at risk, the components and processes of resilience, protective factors, and approaches that communicate and encourage resilience.</p>	
Learning outcome - On completing the course, each student should be able to:	
<ul style="list-style-type: none"> • Describe and explain physical, cognitive, social, and emotional factors in the development of individuals using the appropriate theories and concepts. • Identify and discuss risk factors and protective factors in the lives of individuals. • Explain the effects of risk factors and protective factors on the condition and behaviour of individuals. • Show the ability to work on projects focusing on the field using independent work methods. 	
Course assessment	
<p>Attendance, participation and discussions, multiple choice exam and final assignment. Grades are given on a 0 – 10 point scale. The minimum grade to pass the course is 5.0. The student needs to get a minimum grade of 5.0 in the final exam and a minimum average grade of 5.0 for all course assessment.</p>	
Reading material	
<p>Berk, L. (2009). <i>Development through the Lifespan</i> (5. ed). Boston: Pearson Education Inc. Scientific articles selected and handed out by the teacher.</p>	
Teaching and learning activities	
<p>Lectures, discussions and in class exercises.</p>	
Language of instruction	Icelandic