

Clinical Psychology

E-413-KLIN



Year	2
Semester	Fall
Type of course	Core
Prerequisites	Year 1 of BSc Psychology
Schedule	3 hours per week for 15 weeks; 6 ECTS
Lecturer	Elín Díanna Gunnarsdóttir
Content	
This course examines historical and contemporary theory and practice in clinical psychology. A variety of assessment and intervention approaches and models are considered, as well as current trends and future directions in clinical practice. The course also includes descriptive psychopathology and the major clinical diagnoses, and use of the Diagnostic and Statistical Manual of Mental Disorders (DSM).	
Learning outcome - On completing the course, each student should be able to:	
<ul style="list-style-type: none"> • Describe the main theories within clinical psychology. • Evaluate critically the main theories in the field of clinical psychology. • Describe the main classifications of mental disorders. • Evaluate critically diagnostic systems which are used in clinical psychology. • Describe the most common measuring instruments used in clinical psychology. • Name the main methods of therapy used to treat mental complications. • Describe critically the main research projects in specific areas of clinical psychology. 	
Course assessment	
Essay, case study and final exam. Grades are given on a 0 – 10 point scale. The minimum grade to pass the course is 5.0. The student needs to get a minimum grade of 5.0 in the final exam and a minimum average grade of 5.0 for all course assessment.	
Reading material	
Davey, G. (2008). <i>Psychopathology: Research, assessment and treatment in clinical psychology</i> . BPS Blackwell.	
Teaching and learning activities	
Lectures, in class exercises and discussions.	
Language of instruction	Icelandic