Biology and Behaviour E-112-LIAT



Year	1
Semester	Fall
Type of course	Core
Prerequisites	None
Schedule	3 hours per week for 15 weeks, 6 ECTS
Lecturer	Brynja Björk Magnúsdóttir and Magnús Jónsson
Content	

This course provides an introduction to the structure and function of the main biological correlates of behaviour, including neuron and synapse, nerve-cell communication (intra- and inter-cellular); brain and nervous system structure and function; cerebral localisation; the peripheral and the central nervous systems; sensation and perception; motivation; emotion; eating and drinking; and sleep, wakefulness, and circadian rhythms. The course is intended as an introduction and is therefore suitable for students who do not have a prior background in biology.

Learning outcome - On completing the course, each student should be able to:

- Describe and name the main parts of the organs and biological units which will be discussed in the course, such as neuron, eye, and ear.
- Explain the main biological processes which will be discussed in the course, such as neuron communication and the process of visual information, as well as compare similar/dissimilar processes.
- Describe and compare the main research methods used in research in physiological psychology, and describe the advantages and disadvantages of each method.
- Discuss the main points in the history of physiological psychology.
- Use the knowledge which he or she has acquired concerning biological processes to solve new tasks, such as new but comparable problems to those found in the textbook.

Course assessment

Group assignment, multiple choice exam and final exam. Grades are given on a 0-10 point scale. The minimum grade to pass the course is 5.0. The student needs to get a minimum grade of 5.0 in the final exam and a minimum average grade of 5.0 for all course assessment.

Reading material

Carlson, N.R. (2009). *Physiology of Behavior* (10. ed). Boston: Pearson/Allyn & Bacon. Holt, N., Bremner, A., Sutherland, E., Vliek, M., Passer, M., Smith, R. (2012). *Psychology: The Science of Mind and Behavior* (2. ed). Berkshire: McGraw-Hill Education.

Teaching and learning activities

Lectures, in class exercises and discussions.

Language of	Icelandic
instruction	